

Hampton School District Policy	Section: Code: I Title: IHAM Category: Health Education and Exemption from Instruction Page: P (Priority/Required by Law) 1 of 2
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HEALTH EDUCATION AND EXEMPTION FROM INSTRUCTION

Consistent with Department of Education requirements, health and physical education, including instruction about parts of the body, reproduction and related topics, will be included in the instructional program.

Instruction must be appropriate to grade level, course of study, and development of students and must occur in a systematic manner. The Superintendent will require that faculty members who present this instruction receive continuing in-service training, which includes appropriate teaching strategies and techniques.

Parents must be provided a minimum of a two week advanced notice of curriculum course materials used for instruction of human sexuality or human sexual education.

Parents/guardians will have the right to inspect and review health and physical education instruction materials which will be made reasonably accessible to parents/guardians and others to the extent practicable.

Parents/ guardians who wish to review or inspect health and physical education materials may arrange a meeting with the Principal to review the materials.

Opt-Out Procedure and Form

Parents/guardians, or students over eighteen years of age, who do not want their child to participate in a particular unit on health or sex education instruction for religious reasons or religious objections, are allowed to have their child opt-out of such instruction.

The parent or legal guardian must notify the school principal in writing of the specific material to wish they object and a provision requiring an alternative agreed upon by the school district and the parent at the parent’s expense to enable the child to meet state requirements.

DATE:

Adopted: February 10, 2009, November 9, 2010, Nov 14, 2017

Reviewed: Sept. 2010, Oct. 10, 2017

Revised: Sept. 11, 2010, Sept 2017

Cancellation:

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HEALTH EDUCATION AND EXEMPTION FROM INSTRUCTION

Parents/guardians who do not want their child to participate in a particular unit of health or physical education for religious reasons must complete a Health or Physical Education Opt-Out Form. Opt-Out Forms are available from either the health education teacher or the Principal. Opt-out requests must be submitted annually and are valid only for the school year in which they are submitted.

Legal References:

*NH Code of Administrative Rules, Sec. Ed.306.40, Health Education Program
NH Code of Administrative Rules, Sec. Ed. 306.41, Physical Education Program RSA
186:11, IX-b, Health and Sex Education*

Appendix IHAM-R Health or Physical Education Opt-Out Form

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