

# Hampton Academy



## Athletic and Extracurricular Programs Handbook

Reviewed July 2016

## **PHILOSOPHY OF EXTRACURRICULAR PROGRAMS**

All students are encouraged to achieve their fullest academic potential. While athletics and extracurricular programs provide opportunities to develop other skills and knowledge outside the classroom, students are expected to study and learn to the best of their ability in the classroom and other instructional environments. Therefore, the School Board has established academic, behavioral and attendance standards to guide students.

Your coach or program leader's primary purpose is to help you grow as a person. In order to be successful, however, you must commit toward the same goal by following the rules set forth.

We sincerely hope that you enjoy your experience and live up to these responsibilities. The kind of athlete or program participant you are today foretells the kind of adult you will be tomorrow.

## **CONTRACT**

This contract has been designed to bring total understanding among student participants, their parents, and school personnel. We ask that all participants and parents read and sign this contract, indicating full knowledge of the rules, regulations, and commitment that participation in extracurricular programs at Hampton Academy requires.

The rules stated in this contract have been established to assure the successful operation of the extracurricular programs. These rules are set to assure fairness for all involved. The following are the Basic Rules of Behavior for all participants in the Hampton Academy Extracurricular Program.

## **RULES**

The participant should keep in mind that they are representing their school, community and family and as such students should act in a manner that is responsible and respectful toward your peers, opponents, coaches and spectators.

- Be fair at all times, no matter what it costs.
- Be obedient to the rules.
- Work for the good of the team or the program.
- Accept gracefully the decision of the coaches, officials or program leaders.
- Be gracious in competing whether you win or lose.
- Conduct yourself, at all times, with honor and dignity.

## **Academics**

In keeping with the Hampton Academy Student Policy of Academics First, it is expected that each student will have successfully passed every subject with no lower than a 70% in all classes during the previous marking period and throughout the season or period of the activity.

Also, students must have an attendance rate of 80% or better from the previous marking term and throughout the season or period of the activity. Students must attend school for at least half the school day to participate in activities or events. Any student absent on the day of a scheduled event or activity will not be able to participate in the activity or event. Exceptions will only be made with the permission of the superintendent or his/her designee.

Additionally, students will be dismissed from teams or programs for accruing a combination of five detentions and/or suspensions previous to, and during, the period of the activity.

### **Citizenship and Sportsmanship**

In the eyes of the teacher and the public, citizenship is synonymous with sportsmanship. Any act of unsportsmanlike or inappropriate conduct in practices, games, or program events may lead to immediate disciplinary action, which may include suspension or dismissal from the team or program.

The superintendent or his/her designee will monitor the academic performance, behavioral and attendance records to ensure that eligibility requirements are being met.

### **Physical Examinations (for athletic teams)**

A physical examination is required of all athletes prior to tryouts and must be on file with the school nurse. All physicals must be no more than three years old and maintain current throughout the season. It is the responsibility of the student to have it on file with the nurse.

### **Profanity/Taunting/Bullying**

Swearing, abusive language, bullying, and taunting will not be permitted at any time. This may result in disciplinary action by the coach, program leader and/or administration. Students are expected to follow all school rules while participating in any school connected activity.

### **No Smoking or Other Use of Tobacco Products**

Smoking or any other use of tobacco products at any time will not be allowed. Possession and/or use will result in immediate suspension from the team or program.

### **No Alcohol or Other Drugs**

The use or sale of drugs or alcohol will not be allowed. Possession and/or use will result in immediate suspension from the team or program.

### **Proper Dress**

All team or program members will be expected to dress presentably on all road trips. All team members are to follow the coach's or leader's guidelines on expected dress.

### **Care of Team Equipment, Uniforms, and Locker Rooms (for athletics)**

All athletic gear is on loan to the athlete and you are personally responsible for its care and return. Lost uniforms and equipment must be reported to the coach immediately and if not found, you will be charged the replacement cost for it. It is also your responsibility to maintain a neat locker room.

### **Building and Gymnasium (for athletics)**

Parents, siblings, and students are encouraged to attend the school athletic events. Only players are allowed in the locker room. Spectators need to remain in the gym or outside the building; the rest of the building is off limits at this time. NO food or beverage is permitted in the gymnasium.

### **Transportation**

All athletes and program participants must travel to and from away contests and events in transportation provided by the school. If a parent is present at the out of town site, he/she may request that the student return with him/her when the event or contest is completed. All requests for a student to leave with a parent must be in writing, dated, and signed. The request must be given to the coach or program leader before the bus departs for the event. The parent must identify him/herself to the coach or leader prior to leaving with the student.

### **Practice/Game/Event Pick Up**

All students must be picked up promptly by a parent/guardian after all games, practices or events. Students leaving with anyone other than a parent/guardian need to have a signed note prior to the event. Violations of this rule may result in suspension or dismissal from the team or program. Please remember to adhere to Hampton Academy's parking restrictions and park only in the designated Academy Avenue parking lot near the basketball courts. Please DO NOT park/pick-up in the High St lot behind the upper gym or the lower area, past the gate, near the back fields and the lower gym area.

### **Practice/Game Attendance**

Regular attendance at all practices, games and events along with promptness is imperative. Absences will be excused for illness or other school sponsored events. Unexcused absences may result in dismissal from the team or program.

### **Injuries**

Be sure to report all injuries to your coach or program leader no matter how minor they may seem.

### **CONCLUSION**

A primary purpose of our extracurricular programs at Hampton Academy is to develop individual and collective "winners." The individual who is a "winner" continually strives to

become a more useful and loyal member of their society. He/she has a desire to achieve excellence and strive to live a more healthful and purposeful life. He/she has high respect for the dignity of other students and is always willing to make personal sacrifices for the benefit of the program

Please tear off this page, sign below and return to your coach or program leader. DO NOT return the entire contract, it is to be maintained by you for your records.

---

*I acknowledge that I have read, understand, and will abide by the rules of the above Hampton Academy Extracurricular Activities Contract.*

*If my child is participating on a sports team I acknowledge that I have received and read the Parent Concussion Information Sheet attached to this packet.*

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_